

# MAINE GRAINS.

<b>MAINE GRAINS</b>	To place an order, please allow 7 days notice.
<b>WHOLESALE PRICING</b>	email <a href="mailto:orders@mainegrains.com">orders@mainegrains.com</a> , or call 207.474.8001
<b>2020</b>	42 Court Street, Skowhegan, Maine 04976

## 7% DISCOUNT 2,000 POUNDS OR MORE

P		Lbs.	Wholesale Price FOB	
<b>WHEAT</b>	<b>100% Whole Wheat Flour, stone ground</b>			Hard Red Spring, 2019 variety Glenn
WW50	50 lb bag	50	\$44.36	Coarse grind available.
WWC50	50 lb bag coarse grind	50	\$44.36	
	<b>Sifted All Purpose Flour (86% Extraction)</b>			Hard Red Spring, lightly sifted;
SF/86/50	50 lb bag	50	\$55.59	86% of kernel weight, or,
	<b>Sifted All Purpose Flour (75% Extraction)</b>			75% of kernel weight; lightest
SF/75/50	50 lb bag	50	\$62.33	
	<b>Wheat Berries</b>			Great for grain salads or milling
WB50	50 pound bag	50	\$44.36	
	<b>Organic 100% Whole Wheat Flour</b>			
WWORG50	50 lb bag hard red wheat	50	\$54.63	Hard red spring variety Glenn
WWORG6x2.4	Case (6 - 2.4lb bags)	14.4	\$28.07	
	<b>Organic Sifted Wheat Flour</b>			Perfect all-purpose for home bakers
SFORG6x2.4	Case (6 - 2.4lb bags)	14.4	\$32.57	
	<b>Organic Wheat Berries</b>			
WBORG50	50 lb bag hard red wheat	50	\$54.63	For cooking or milling
WBORG6x2.4	Case (6 - 2.4lb bags)	14.4	\$28.07	
	<b>Graham Flour (Coarse, Stone Milled Wheat Flour)</b>			
WWC50	50 lb bag coarse grind	50	\$44.36	
	<b>Organic Pastry Flour</b>			Soft wheat, low protein for tender pastries and baked goods
PFORG50	50 lb bag	50	\$66.82	
PFORG6x2.4	Case (6 - 2.4lb bags)	14.4	\$33.70	
	<b>Organic Bran Flour</b>			High fiber, low gluten, perfect for crispbreads, bran muffins and crackers
MIDORG20	20 lb bag	20	\$14.04	
MIDORG6x1.75	Case (6 - 1.75lb bags)	10.5	\$20.36	
	<b>Flaked Wheat</b>			
WBFLK40	40 pound bag	40	\$35.49	Used in breads and brewing
	<b>OATS</b>			
	<b>Organic Rolled Oats</b>			Sweet, raw rolled oats; best stored in air tight container in freezer or use right away. Keep cool in dry.
ROORG40	40 lb bag	40	\$44.36	
ROORG6x4	Case (6- 4lb bags)	24	\$36.50	
ROORG6x1.75	Case (6- 1.75lb bags)	10.5	\$22.74	
	<b>Organic Cracked Oats (like steel cut)</b>			Like steel cut, adds texture to cooked oatmeal; presoak for shorter cook time
COORG40	40 lb bag	40	\$44.36	
COORG6x2.4	Case (6 - 2.4lb bags)	14.4	\$26.39	
	<b>Organic Whole Oat Groats</b>			Whole oat groats; use in pilaf, soup
OGORG40	40 lb bag	40	\$44.36	risotto
OGORG6x2.4	Case (6 - 2.4lb bags)	14.4	\$26.39	

<b>HERITAGE</b>	<b>Heritage Danish Øland Wheat</b>				Prized heritage bread wheat of Denmark;
	OLF50 50 lb bag whole grain flour	50	\$124.65		the favorite of Restaurant NOMA in
	OLB50 50 lb bag berries	50	\$124.65		Copenhagen
	OLF25 Øland whole wheat flour 25 lb bag	25	\$62.33		
	OLB25 Øland berries 25 lb bag	25	\$62.33		
	<b>Organic Heritage Red Fife Wheat</b>				Sweet, nutty, and red in color; seed hails
	RFFORG50 50 lb bag whole grain flour	50	\$124.65		from Canada
	RFBORG50 50 lb bag berries	50	\$124.65		
	RFFORG6x2.4 Case (6 - 2.4lb bags)	14.4	\$43.79		
	<b>Organic Heritage Sirvinta Wheat</b>				Rare heritage wheat from Estonia;
	SIRFORG50 50 lb bag whole grain flour	50	\$124.65		Limited supply
	SIRBORG50 50 lb bag berries	50	\$124.65		
	SIRFORG6x2.4 Case (6 - 2.4lb bags)	14.4	\$43.79		
	<b>Organic Ancient Grain Cereal</b>				Flaked spelt, rye, oats, and heritage
	AGORG40 40 lb bag	40	\$80.86		wheat; for porridges and breads
	AGORG6x1.75 Case (6 - 1.75lb bags)	10.5	\$34.81		
	<b>Organic Ancient Kamut® Flour</b>				Ancient Egyptian Khorasan wheat, nutty, buttery
	KAFORG25 25 lb bag flour	25	\$72.00		flavor, golden in color, great for pasta
	KABORG25 25 lb bag berries	25	\$72.00		
	KAFORG6x2.4 Case (6 - 2.4lb bags)	14.4	\$44.85		
	<b>Multigrain Blend Flour</b>				Stoneground blend of wheat, rye, spelt, corn
	MG50 50 lb bag flour (variable blend of wheat, rye, spelt, co	50	\$44.36		
	MG6x2.4 Case (6 - 2.4lb bags)	14.4	\$28.07		
<b>BARLEY</b>	<b>Malted Barley Flour</b>				Malted in Maine, great for boosting
	MBF25 25 lb bag flour	25	\$66.25		enzymatic activity, adding sweetness, browning crusts
	<b>Organic Pearled Barley</b>				For soups and pilaf
	PB25 25 lb bag pearled barley	25	\$71.88		
	<b>Pearled Heritage Black Barley</b>				Purple-black barley with nutty flavor
	BB25 25 lb bag	25	\$86.25		for innovative culinary uses
	BB8x1 Case (8 - 1 lb bags)	8	\$38.18		
<b>RYE</b>	<b>Organic Rye Flour or Meal</b>				Low gluten, rich in fiber, nutritious
	RYFORG50 50 lb bag rye flour (fine)	50	\$55.59		For rye breads of all kinds, and in chocolate cookies!
	RYMORG50 50 lb bag meal (coarse flour)	50	\$55.59		
	RYFORG6x2.4 Case (6 - 2.4lb bags)	14.4	\$31.44		
	<b>Organic Rye Berries</b>				For milling or cooking
	RYBORG50 50 lb bag rye berries	50	\$55.59		
	RYBORG6x2.4 Case (6 - 2.4lb bags)	14.4	\$31.44		
	<b>Organic Rye Flakes</b>				Adds texture to bread; also good for
	RYFLKORG40 40 lb bag flaked	40	\$44.36		brewing
	<b>Organic Cracked Rye (like rye chops)</b>				
	RYCRKORG50 50 lb bag	50	\$55.59		
<b>BUCKWHEAT</b>	<b>Organic Buckwheat Flour (whole grain, Japanese)</b>				Distinctively nutty, naturally gluten-free
	BWORG25 25 lb bag flour	25	\$53.90		Use in quick breads or sourdough soak
	BWORG6x2.4 Case (6 - 2.4lb bags)	14.4	\$39.31		
<b>CORN</b>	<b>Organic Cornmeal, Coarsely Milled</b>				Open pollinated and non-GMO yellow corn
	CMORG25 25 pound bag	25	\$54.46		Varieties may vary
	CMORG6x2.4 Case (6 - 2.4lb bags)	14.4	\$44.36		
	<b>Organic Polenta *Good Food Award Winner</b>				Coarse particles of corn for classic
	POORG25 25 pound bag	25	\$61.77		Italian polenta and southern grit dishes
	POORG6x2.4 Case (6 - 2.4lb bags)	14.4	\$50.30		*Good Food Award Winner
	<b>Organic Corn Flour (very fine)</b>				Silky fine corn flour for delicate pastries, cookies
	CFORG25 25 pound bag	25	\$61.77		and combread
	CFORG6x2.4 Case (6 - 2.4lb bags)	14.4	\$50.30		
<b>SPELT</b>	<b>Organic Spelt Flour and Berries</b>				Ancient hulled wheat, popular in
	SPFORG50 50 lb bag flour	50	\$70.18		Germany and Switzerland
	SPBORG50 50 lb bag berries	50	\$70.18		Variety, Oberkulmer
	SPFORG6x2.4 Case (6 - 2.4lb bags)	14.4	\$27.51		
	<b>Organic Sifted Spelt Flour</b>				Sifted to remove bran; silky smooth
	SSPFORG50 50 lb bag flour	50	\$82.50		

	<b>Organic Spelt Flakes</b>			Flakes add texture to breads and granolas; good for brewing beer
SPFLKORG40	40 lb bag flaked	40	\$56.15	
<b>FARRO</b>	<b>Organic Pearled Farro *Good Food Award Winner</b>			Polished, tender wheat kernels perfect for soups, salads, grain bowls; use in place of rice
FARORG25	25 lb bag	25	\$37.95	
FARORG6x2.4	Case (6 - 2.4lb bags)	14.4	\$31.44	*Good Food Award Winner
<b>LEGUMES</b>	<b>Organic Yellow Pea Flour and Whole Peas</b>			Use as a coating for fried fish, in crepes, porridges or as a GF thickener
YPFORG25	25 lb bag flour	25	\$42.11	
WYPORG25	25 lb bag whole peas	25	\$42.11	for stocks, sauces, and protein shakes
				Use whole peas in soups
	<b>Crop Rotation Dry Beans and Peas</b>			
ASSTBEANORG12x1	Case (12- 1 lb bags) Assorted Case	12	\$64.86	
LRKBEANORG12x1	Organic Light Red Kidney Beans	12	\$64.86	
MARBEANORG12x1	Organic Marfax Beans	12	\$64.86	
BLKBEANORG12x1	Organic Black Beans	12	\$64.86	
YEBEANORG12x1	Organic Yellow Eye Beans	12	\$64.86	
PINBEANORG12x1	Organic Pinto Beans	12	\$64.86	
MIXBEANORG12x1	Organic Mixed Beans	12	\$64.86	
JCBEANORG12x1	Organic Jacob's Cattle Beans	12	\$64.86	
WYPORG12x1	Organic Yellow Peas	12	\$64.86	
<b>FOR BREWERS</b>				
ROORG40	<b>Rolled Oats- Organic, 40 lb bag</b>	40	\$44.36	
BWORG40	<b>Whole Buckwheat- Organic, 40 lb bag</b>	40	\$86.25	
WBFLK40	<b>Flaked Wheat, 40 pound bag</b>	40	\$35.49	
RYFLKORG40	<b>Flaked Rye- Organic, 40 lb bag</b>	40	\$44.36	
SPORGFLK40	<b>Flaked Spelt- Organic, 40 lb bag</b>	40	\$56.15	
BB25	<b>Black Barley- raw, unmalted. 25 lb bag</b>	25	\$86.25	
	<i>special sizes available upon request</i>			
<b>LABS</b>	Hard Red Spring Wheat, organic and natural			variety Glenn blended from 3 farms, FN 297, protein 11.84%
	Organic Spelt			variety Oberkulmer, FN 250+, Protein milling grade
	Organic Rye			variety Hazlit, FN 100, Protein 8%
	Organic Heritage Red Fife			FN 361, Protein 13.6%
	Organic Heritage Sirvinta, an Estonian wheat			FN 393, Protein 9%
	Heritage Øland, a Danish wheat			FN 338, Protein 11%
	Organic Pastry Wheat			variety Harris, protein 8-9%
	Organic Oats			variety Orin, Gehl, Protein 9%